



How to measure the hand circumference?

If you do not have a tape measure, just use a string.

With your hand open, measure around it at the widest point.

Then the length can be read at a ruler or folding rule.

Men's sizes

Hand circumference	Size of glove	International size
19 cm	7	S
22 cm	8	M
24 cm	9	L
27 cm	10	XL
29 cm	11	XXL

Women's sizes

Hand circumference	Size of glove	International size
17 cm	6	S
19 cm	7	M
22 cm	8	L
23 cm	8,5	XL
24 cm	9	XXL